



Tasks: In a group of 3 to 5, create a jump rope routine in routine to an appropriate song.
Materials: Jump ropes, CD player, and music.
 Music & clothing must be appropriate for school, if not, administrative action will be taken.

Jump Rope Routine Rubric

	Beginning 1	Developing 2	Accomplished 3	Exemplary 4	Score
Jump Rope Stunts	Students perform a routine with one stunt.	Students perform a routine with more than 2 different types of stunts of which at least 1 is an advanced.	Students perform a routine with more than 3 different types of stunts of which at least 2 are advanced.	Students perform a routine with more than 4 different types of stunts of which at least 3 are advanced.	
Accuracy	Students frequently miss beats, and do not follow routine.	Students Sometimes miss beats, and do not follow routine.	Students rarely miss beats, and mostly follow routine.	Students do not miss beats and follows routine.	
Teamwork	Students uncooperative and unsupportive.	Students sometimes cooperative and supportive.	Students mostly cooperative and supportive.	Students work cooperatively and supportively.	
Rhythm to Music	Student's stunts never timed to the beat of the music.	Student's stunts rarely timed to the beat of the music.	Student's stunts mostly timed to the beat of the music.	Student's stunts timed to the beat of the music.	
Creativity	Student's routine, stunts, and music show no creativity or originality.	Student's routine, stunts, and music show little creativity or originality.	Student's routine, stunts, and music show some originality and creativity.	Student's routine, stunts, and music show originality and creativity.	
Extra Credit: Coordinated/Thematic clothes	No Attempt	An attempt at coordinating or thematically appropriate clothing is tried.	Some what coordinated or thematically appropriate.	Very coordinated or thematically appropriate.	